



Ady Elzam

35

Israeli (based in Brussels)

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www.AdyElzam.com

Ady is a dancer, choreographer and teacher. Having trained extensively in contemporary dance, improvisation, instant composition and contact improvisation, he's curious about the body's ability to adapt, learn, become aware, and connect with others. Ady's current performance practice revolves around physical endurance and altered physical and emotional states of consciousness.

Education:

- 2016 - 2017 - Improvisation into Performance study with Katie Duck
- 2014 - 2018 - Vipassana meditation practice (as a physical research)
- 2010 - 2011 - 'Ilan Lev Method' - Movement and bodywork training
- 2006 - 2008 - Two year professional dance education at 'Hasadna' (Haifa, Israel)
- 1993 - 2007 - Dance training at 'The Iris of Nazareth' (Israeli folklore dance group)

Experience as a professional dancer:

- 2015 - 2016 - "It Couldn't Have Happened Before" by Dafi Altabeb ([video](#))
- 2012 - 2017 - "The Big Game" by Sharona Florsheim ([video](#))
- 2011 - 2012 - "Expensive Shit" by Yuval Goldstein ([video](#))
- 2010 - 2011 - DeDe Dance company
- 2009 - 2010 - Vertigo dance company
 - "Roni" by Elad Shechter ([video](#))
 - "Point of Contact" Duet by Matan Levkovich ([video](#))
- 2008 - 2009 - Young Vertigo dance company
 - "Roxy" by Elad Shechter, Rina Wertheim and Alex Smorak ([video](#))
 - "Harmony Sucks" by Ofra Idel (for Machol Shalem festival) ([video](#))

Choreography & Own work:

- 2017 - 2018** - “If We Don’t Heal - We Stay Wounded” - Solo work-in-progress ([info](#))
- 2016** - “The Pineapple” - Duet - Collaboration with Anni Lattunen ([info](#))
- 2015** - “Hunger Strike” - 10 days of hungry body display at Rabin Square, in protest of Israel’s political Situation. - Collaboration with Asher Lev
- 2014** - “We Intention” - Dance piece for 9 Latvian dancers
- 2012 - 2013** - |Home| - Solo dance piece
- 2011 - 2012** - “Iran We Love You” - Collaboration with Zohar Ren Karni
- ZAZ - “The Love Project” - Collaboration with Zohar Ren Karni

Artist in residency:

- 2017** - The New Space - research - Brussels, Belgium
- 2017** - MA Tepla - research (with support form Israeli Embassy & Latvian Culture Capital Foundation) - Riga, Latvia
- 2014** - I-DEJAS MĀJAS - research (with support form Israeli Embassy) - Riga, Latvia

Production work:

- 2010-2015** - The Israeli Contact Improvisation Festival (Producer and teacher)
- 2014** - “Improjunction” - Improvisation & Performance festival, Pushkar, India. ([video](#))

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